

<b>Surgical hand disinfection with a disinfectant containing alcohol</b>		
<b>Assessment</b>	<b>No</b>	<b>Yes</b>
	0	1
<b>Preparation:</b>		6 points
The hands have no wounds, nails are cut short, are clean and without nail varnish ( <b>female</b> )		
No rings or watches		
Cap fitted correctly		
Mask fitted correctly		
Eye protection has been put on		
<b>No</b> pre-cleaning of the hands with soap and water		
<b>Surgical hand disinfection</b>		15 points
Disinfectant is taken out with elbow		
<b>1<sup>st</sup> minute, from finger tips up to the elbows</b>		
<b>2<sup>nd</sup> minute, from the finger tips to the middle of the lower arm</b>		
<b>3<sup>rd</sup> minute, only in the area of the hands themselves disinfected.</b>		
Fingers		
Between the fingers		
Palms of the hands		
Thumbs		
Total application time and rules are complied with		
<b>Correct position of hands is complied with:</b> Hands and arms bent at the elbows		
<b>Correct position of hands is complied with:</b> Hands are held vertically upwards		
<b>Correct position of hands is complied with:</b> The hands are in the highest position		
<b>Sufficient disinfection is used,</b> arms and hands are always moist		
<b>Sterility is ensured</b> no touching of unsterile area		
Letting disinfectant take effect and dry and not wiping it off.		

<b>Assessment</b>	<b>No</b>	<b>Yes</b>
	<b>1</b>	<b>0</b>
<b>Quality of disinfection</b>	<b>7 points</b>	
<b>Residue on:</b>		
Fingertips		
Between fingers		
Palms of hands		
Between fingers and thumbs		